

PRESS RELEASE
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'New Year, New Look' for Thornbury Leisure Centre

Customers at Active Thornbury Leisure Centre will have even more motivation to get fit in 2016 as areas undergo refurbishments to the tune of quarter of a million-pounds.

The project will include the relocation of the existing gym to a larger, newly refurbished room with new functional fitness equipment. A new dance studio with sprung floor, and a new dedicated Studio Cycling room.

The café will also undergo a refurbishment and will serve a wide variety of SOHO Fairtrade Coffee alongside the Centres own range of food and beverage options.

The Centre will aim to run as normal with minimal disruption to any facilities or services. It is anticipated that work will be completed during February 2016.

Andy Robinson, Centre Manager said, "As a not for profit organisation, we can continue to reinvest money back into Active Centres across South Gloucestershire which means offering our customers the best in health and fitness space and equipment".

"It also means we can respond to changing customer demands. We are seeing a big uptake in indoor cycling, for instance, which is why we are creating a new cycling studio and investing in more bikes. There will be a total of 30 studio cycles when the refurbishment is complete."

Work has just started (Friday 11 December) and is due to be completed by mid-February 2016. The new gym will be located at the front of the Centre in a refurbished small sports hall which will also extend into the existing activities room.

Active Thornbury is one of five Active Centres run by Circadian Trust, an innovative, charitable social enterprise who deliver and manage leisure facilities across South Gloucestershire in partnership with South Gloucestershire Council.

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Notes to Editors

Working in partnership with South Gloucestershire Council, any profit made by the Trust is reinvested to improve facilities, equipment and services for its customers.

About Circadian Trust

- Circadian Trust operates five leisure centre sites and two dual-use sports centres across South Gloucestershire in Bradley Stoke, Downend, Kingswood, Longwell Green, Patchway, Thornbury and Yate and is a company and charity. Working in partnership with South Gloucestershire Council, the community strategy and overall shared philosophy is to contribute to the improved health, cultural and social wellbeing of the local community improving quality of life.
- On Thursday 26 November 2015 Circadian Trust celebrated its tenth anniversary as a trust.
- Circadian Trust is award winning with IIP Silver status, ISO 14001, ISO 9001 and ISP18001 accreditations. For more info please contact Ben Beasley (ben.beasley@circadiantrust.org)
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