

# Children make a splash for charity

Children swim for charity at Active Longwell Green Leisure Centre this Wednesday (10 February) in aid of Cystic Fibrosis.

Over 30 children over the age of eight are to take part in the swimming gala, set up by Swim Manager at Longwell Green Leisure Centre Georgina Parrinello to raise money for the Cystic Fibrosis Trust.

Cystic Fibrosis is a life-shortening inherited disease caused by a faulty gene, affecting over 10,000 people in the UK.

Gala entrants will celebrate with an hour long pool party, followed by an award ceremony with a special guest in the leisure centres foyer area.

Georgina Parrinello, said: "Cystic Fibrosis is close to our hearts. One of our colleagues has two young children who suffer from the disease. Whilst the gala is primarily to raise money for our chosen charity, it is also to encourage children over eight to maintain a healthy lifestyle.

"Swimming tends to tail off in older children and we want to keep all children no matter the age active in our local area. At the pool party the gala entrants get to bring a friend for free."

Active Longwell Green is one of five Active Centres run by Circadian Trust, an innovative, charitable social enterprise who deliver and manage leisure facilities across South Gloucestershire in partnership with South Gloucestershire Council.

## **ENDS**

### **Notes to Editors**

Working in partnership with South Gloucestershire Council, any profit made by the Trust is reinvested to improve facilities, equipment and services for its customers.

### **About Circadian Trust**

- Circadian Trust operates five leisure centre sites and two dual-use sports centres across South Gloucestershire in Bradley Stoke, Downend, Kingswood, Longwell Green, Patchway, Thornbury and Yate and is a company and charity. Working in partnership with South Gloucestershire Council, the community strategy and overall shared philosophy is to contribute to the improved health, cultural and social wellbeing of the local community improving quality of life.
- On Thursday 26 November 2015 Circadian Trust celebrated its tenth anniversary as a trust.
- Circadian Trust is award winning with IIP Silver status, ISO 14001, ISO 9001 and ISP18001 accreditations. For more info please contact Ben Beasley (ben.beasley@circadiantrust.org)
- For more information, visit: [www.circadiantrust.org](http://www.circadiantrust.org)

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