

PRESS RELEASE
Feb 2016

Thornbury Leisure Centre Shaping Up Well with a Brand New Look

The doors have been thrown open on an exciting quarter of a million-pound makeover at Thornbury Leisure Centre.

Customers can now benefit from a range of new and improved facilities including a much larger gym, with a brand new dedicated Functional Fitness area, and separate, fully mirrored, Weight Training area in response to the growing demand for this type of training by customers.

The new facilities opened on Saturday 13th February and are part of a programme of improvements by not-for-profit organisation Circadian Trust, which runs the leisure centres in South Gloucestershire in partnership with South Gloucestershire Council.

Over the next few weeks, the Centre will be relocating its two dance studios to a new refurbished room with sprung floor and a dedicated Spin Studio, whilst work has already begun to transform the café which will offer a wider range of food and drink.

Andy Robinson, Centre Manager said, "As a not for profit organisation, we can continue to reinvest money back into Active Centres across the region which means offering our customers the best and most advanced health and fitness space and equipment."

"It also means we can respond to changing customer demands. Indoor cycling, for instance, is becoming increasingly popular which is why we have created the new cycling studio and invested in more bikes. There are now a total of 30 studio cycles."

"Everyone here is really excited about the transformation and we're looking forward to welcoming existing and new customers to our new facilities over the coming weeks."

Further information can be found online at www.activecentres.org or by calling 0300 333 0300.

For press enquiries please contact caragh.jones@jbp.co.uk or karen.white@jbp.co.uk at JBP on 0117 907 3400.

ENDS

Notes to Editors

About Circadian Trust

- Circadian Trust operates five leisure centre sites and two dual-use sports centres across South Gloucestershire in Bradley Stoke, Downend, Kingswood, Longwell Green, Patchway, Thornbury and Yate and is a company and charity. Working in partnership with South Gloucestershire Council, the community strategy and overall shared philosophy is to contribute to the improved health, cultural and social wellbeing of the local community improving quality of life.
- In November 2015 Circadian Trust celebrated its tenth anniversary as a trust.
- Circadian Trust is award winning with IIP Silver status, ISO 14001, ISO 9001 and ISP18001 accreditations. For more info please contact Ben Beasley (ben.beasley@circadiantrust.org)
- For more information, visit: www.circadiantrust.org

