## PRESS RELEASE July 2018

### Thornbury Active Lifestyle Centre hosts Kidz to Adultz Wales & West

One of the UK's largest exhibitions dedicated to children and young adults with disabilities has been held at the exhibition hall within Thornbury Active Lifestyle Centre.

The 'Kidz to Adultz Wales & West' event, which has been organised by charity Disabled Living since 2001, is one of five exhibitions to be held annually across the UK and is well-attended by not only those with disabilities, but their parents, carers and the professionals who support and work with them too.

Over 100 exhibitors were on-hand on Thursday 5 July to welcome visitors, offering advice and information across a range of topics including everything from funding and education to holidays and accessible equipment.

In addition to the exhibition, parents and healthcare professionals were also able to gain credits towards their CPD portfolio by attending one or more of the free seminars taking place. The seminars featured a wide range of speakers, who were on hand to offer advice to those with questions throughout the day.

Luke Newman, Centre Manager at Thornbury Active Lifestyle Centre, said: "As a not-for-profit organisation we provide a diverse range of events that support the interests and needs of the local community. We were thrilled to host the Kidz to Adultz event and hope that everyone enjoyed the variety of stalls and seminars on offer at the exhibition. We hope the Kidz to Adultz event returns to Thornbury and to our Centre again soon."

Entry to the regional Kidz to Adultz events is free on a first come, first served basis and children are always welcome. For further details about the events, please call 0161 607 8200 or alternatively email: info@disabledliving.co.uk

Thornbury Active Lifestyle Centre is one of five lifestyle Centres and a dual-use Sports Centres operated across South Gloucestershire by the not for profit organisation Circadian Trust.

To find out more about the Thornbury Lifestyle Centre, please visit: <a href="https://www.activecentres.org/centres/thornbury/">https://www.activecentres.org/centres/thornbury/</a>

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# Notes to editor:

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Alternatively, please call 0117 907 3400

#### **About Circadian Trust**

• Circadian Trust operates five leisure centre sites and a dual-use sports centre across South Gloucestershire in Bradley Stoke, Downend, Kingswood, Longwell Green, Thornbury and

Yate and is a company and charity. Working in partnership with South Gloucestershire Council, the community strategy and overall shared philosophy is to contribute to the improved health, cultural and social wellbeing of the local community improving quality of life.

- Any profit made by the Trust is reinvested to improve facilities, equipment and services for its customers.
- For more information, visit: www.circadiantrust.org