

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
MONDAY	6	LANE SWIMMING			MEDICAL ADVICE SWIM		AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	
	5	LANE SWIMMING			MEDICAL ADVICE SWIM		AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	
TUESDAY	6	LANE SWIMMING				FAMILY SWIM		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMSTARS	SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	
	5	LANE SWIMMING				FAMILY SWIM		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMSTARS	SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	
WEDNESDAY	6	LANE SWIMMING				AQUAFIT		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMSTARS	SWIMMING CLUB (SEVERNSIDE TRITONS)		FIN CLUB	
	5	LANE SWIMMING				AQUAFIT		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMSTARS	SWIMMING CLUB (SEVERNSIDE TRITONS)		FIN CLUB	
THURSDAY	6	LANE SWIMMING			ADULT SWIMMING LESSONS		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	SCUBA CLUB		
	5	LANE SWIMMING			ADULT SWIMMING LESSONS		LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		SWIMMING CLUB (SEVERNSIDE TRITONS)		LANE SWIMMING (55 mins)	SCUBA CLUB		
FRIDAY	6	LANE SWIMMING		60+ Swim		AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING			FAMILY SWIM (50 Mins)		FAMILY SWIM (50 mins)			
	5	LANE SWIMMING		60+ Swim		AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIMMING			FAMILY SWIM (50 Mins)		FAMILY SWIM (50 mins)			
SATURDAY	6	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	FAMILY SWIM (50 mins)	FAMILY SWIM (50 mins)	PARTY HIRE	LANE SWIMMING (55 mins)							
	5	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	FAMILY SWIM (50 mins)	FAMILY SWIM (50 mins)	PARTY HIRE	LANE SWIMMING (55 mins)							
SUNDAY	6	SWIMSTARS SWIMMING LESSONS		FAMILY SWIM (50 mins)	FAMILY SWIM (50 mins)	PARTY HIRE	FAMILY SWIM (50 mins)	LANE SWIMMING (55 mins)	SWIMMING CLUB (SEVERNSIDE TRITONS)								
	5	SWIMSTARS SWIMMING LESSONS		FAMILY SWIM (50 mins)	FAMILY SWIM (50 mins)	PARTY HIRE	FAMILY SWIM (50 mins)	LANE SWIMMING (55 mins)	SWIMMING CLUB (SEVERNSIDE TRITONS)								

KEY

S

P

= SMALL POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES