

KINGSWOOD EASTER SCHOOL HOLIDAYS WEEK 1 - From Monday 7th April - Sunday 13th April 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
MONDAY	6	SWIMSTARS LESSONS			LANE SWIMMING	Maples	AQUAFIT	LANE SWIMMING (55 mins)	FIT FOR SPORT	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)	
	5	LANE SWIMMING			FAMILY SWIM	Family Swim			FAMILY SWIM								
	4																
	3																
TUESDAY	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIM STARS		SWIMSTARS SWIMMING LESSONS	60+ SWIM	FAMILY SWIM	LANE SWIMMING (55 mins)	FIT FOR SPORT	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS	LANE SWIMMING (55 mins)	
	5	LANE SWIMMING							FAMILY SWIM								
	4																
	3																
WEDNESDAY	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIMSTARS		LANE SWIMMING	FAMILY SWIM	FAMILY SWIM	LANE SWIMMING (55 mins)	FIT FOR SPORT	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	CANOE POLO (22:30)		
	5	LANE SWIMMING		FAMILY SWIM													
	4																
	3																
THURSDAY	6	SWIMSTARS			LANE SWIMMING	60+ SWIM	FAMILY SWIM	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FIT FOR SPORT	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	TRIATHLON SWIM	LANE SWIMMING (55 mins)		
	5	LANE SWIMMING		FAMILY SWIM													
	4																
	3																
FRIDAY	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIMSTARS		LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FIT FOR SPORT	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB					
	5	LANE SWIMMING		FAMILY SWIM													
	4																
	3																
SATURDAY	6	SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	LANE SWIMMING (55 mins)	PARTY	PARTY	AUTISM / DISABILITY SWIM						
	5																
	4																
	3																
SUNDAY	6	LANE SWIMMING			FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS			ROOKIE LIFEGUARDS		SOUNDWELL SWIMMING CLUB			CANOE POLO	
	5																
	4																
	3																

KEY

S = SMALL POOL
P

*** PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.**

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES