

YATE TERM TIME SWIMMING POOL TIMETABLE 2025

Updated: June 2025

Sessions can be booked in person, or in advance online at [www.activecentres.org](http://www.activecentres.org) or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00					
MONDAY	6		LANE SWIMMING				AQUAFIT		AQUAFIT		LANE SWIMMING	FAMILY SWIM (50 MINS)	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			SOUTHWOLD SWIMMING CLUB	LANE SWIMMING (55 mins)				
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	S P					FAMILY SWIM SWIMSTARS		SWIMSTARS LESSONS				FAMILY SWIM SWIMSTARS		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS			SOUTHWOLD				
TUESDAY	6		LANE SWIMMING				AQUAFIT		LANE SWIMMING				SCHOOLS	DISABILITY SWIM	SWIMSTARS SWIMMING LESSONS			SWIM TO FITNESS	LANE SWIMMING				
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	S P					FAMILY SWIM		SWIMSTARS LESSONS				FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM			
WEDNESDAY	6		LANE SWIMMING				AQUAFIT		SCHOOLS	LANE SWIMMING				SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			SOUTHWOLD SWIMMING CLUB	AQUAFIT		LANE SWIMMING (55 mins)	
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	S P					FAMILY SWIM		SWIMSTARS SWIMMING LESSONS						FAMILY SWIM		SWIMSTARS SWIMMING LESSONS							
THURSDAY	6		LANE SWIMMING				50+ SWIMMING		AQUAFIT		LANE SWIMMING				SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			SOUTHWOLD SWIMMING CLUB	LANE SWIMMING		
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	S P					FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS			SOUTHWOLD				
FRIDAY	6	SWIMMING CLUB	LANE SWIMMING				AQUAFIT		AQUAFIT		SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING (55 mins)	SOUTHWOLD SWIMMING CLUB							
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	S P					SWIMSTARS SWIMMING LESSONS						FAMILY SWIM		SWIMSTARS SWIMMING LESSONS									
SATURDAY	6		LANE SWIMMING		SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)		FAMILY SWIM (50mins)		FAMILY SWIM (50mins)		SPLASH TIME		PARTY HIRE		DIPPERS				
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	S P					SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		PARTY HIRE		PARTY HIRE		DIPPERS			
SUNDAY	6		LANE SWIMMING								FAMILY SWIM (50mins)		FAMILY SWIM (50mins)		FAMILY SWIM (50mins)		SWIMSTARS SWIMMING LESSONS		SOUTHWOLD SWIMMING CLUB				
	5																						
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	S P					FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		PARTY HIRE		PARTY HIRE		FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS			

KEY

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= SMALL POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

FAMILY SWIM: Sessions run for 50 minutes, finishing at 20 past the hour, unless stated otherwise

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES

\*Please pre book where possible as all sessions are subject to change