

KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 21st July - Sunday 27th July 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00			
MONDAY 21ST	6	LANE SWIMMING				MAPLES	AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANES (55min) PRE-BOOKING REQUIRED*	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)	FREE DIVE			
	5																			
	4																			
3																				
2																				
1																				
06				SWIMSTARS LESSONS		FAMILY SWIM		SWIMSTARS	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									
TUESDAY 22ND	6	SOUNDWELL SWIMMING CLUB 05:20-06:50	LANE SWIMMING		SWIMSTARS SWIMMING LESSONS	60+ SWIMMING	LANE SWIMMING		SCHOOLS	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)				
	5																			
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06				SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM	SCHOOLS				SWIMSTARS SWIMMING LESSONS					
WEDNESDAY 23RD	6	SOUNDWELL SWIMMING CLUB 05:20-06:50	LANE SWIMMING		LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB						
	5																			
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06				SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL CLUB					
THURSDAY 24TH	6	LANE SWIMMING			LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	TRI CLUB	LANE SWIMMING (55 mins)				
	5																			
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2																				
1																				
06				SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS								
FRIDAY 25TH	6	SOUNDWELL SWIMMING CLUB 05:20-06:50	LANE SWIMMING			FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		SOUNDWELL SWIMMING CLUB							
	5																			
	4																			
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06				SWIMSTARS LESSONS		FAMILY SWIM		SWIMSTARS		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									
SATURDAY 26TH	6				SWIMSTARS SWIMMING LESSONS		ROOKIES	FAMILY SWIM	LANE SWIMMING (55 mins)	PARTIES	PARTIES	AUTISM/ DISABILITY SWIM PRE-BOOKING REQUIRED*								
	5																			
	4																			
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1																				
06				SWIMSTARS SWIMMING LESSONS			FAMILY SWIM		FAMILY SWIM	FAMILY SWIM	PARTIES	PARTIES	AUTISM SWIM / PARTIES							
SUNDAY 27TH	6	LANE SWIMMING			FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS					SOUNDWELL SWIMMING CLUB							
	5																			
	4																			
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2																				
1																				
06			FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS	FAMILY SWIM	SWIMSTARS LESSONS		SOUNDWELL CLUB							

KEY

S

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SMALL POOL

* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES

KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 28th July - Sunday 3rd August 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00		
MONDAY 28th	6		SWIMSTARS LESSONS				MAPLES	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	FREE DIVE			
	5	LANE SWIMMING				FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)						
	4																			
	3																			
	2																			
	1																			
0		SWIMSTARS LESSONS				FAMILY SWIM	SWIMSTARS	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS										
TUESDAY 29th	6	SOUNDWELL SWIMMING CLUB 05:20-06:50	SWIMSTARS LESSONS		SWIMSTARS SWIMMING LESSONS	60+ SWIMMING	FAMILY SWIM	LANE SWIMMING (55 mins)	HOLIDAY CAMP	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)				
	5		LANE SWIMMING	SWIMSTARS SWIMMING LESSONS	60+ SWIMMING	FAMILY SWIM	LANE SWIMMING (55 mins)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		SOUNDWELL SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)							
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	3																			
	2																			
	1																			
0		SWIMSTARS SWIMMING LESSONS				SWIMSTARS FAMILY SWIM	FAMILY SWIM	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS										
WEDNESDAY 30th	6	SOUNDWELL SWIMMING CLUB 05:20-06:50	SWIMSTARS LESSONS		LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL SWIMMING CLUB						
	5		LANE SWIMMING	SWIMSTARS SWIMMING LESSONS	FAMILY SWIM				LANE SWIMMING (55 mins)		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS								
	4																			
	3																			
	2																			
	1																			
0		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			SOUNDWELL CLUB									
THURSDAY 31st	6	LANE SWIMMING			SWIMSTARS LESSONS	LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	TRI CLUB	LANE SWIMMING (55 mins)				
	5				SWIMSTARS LESSONS	LANE SWIMMING		HOLIDAY CAMP		LANE SWIMMING (55 mins)		DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	TRI CLUB	LANE SWIMMING (55 mins)		
	4																			
	3																			
	2																			
	1																			
0		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS												
FRIDAY 1st	6	LANE SWIMMING				SWIMSTARS LESSONS	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS								
	5									SWIMSTARS LESSONS		FAMILY SWIM	LANE SWIMMING (55 mins)						FAMILY SWIM	SWIMSTARS SWIMMING LESSONS
	4																			
	3																			
	2																			
	1																			
0		SWIMSTARS LESSONS				FAMILY SWIM	SWIMSTARS FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS											
SATURDAY 2nd	6					SWIMSTARS SWIMMING LESSONS		ROOKIES	FAMILY SWIM	LANE SWIMMING (55 mins)	PARTIES	PARTIES	AUTISM/ DISABILITY SWIM PRE- BOOKING REQUIRED*							
	5																			
	4																			
	3																			
	2																			
	1																			
0		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTIES	PARTIES	AUTISM SWIM / PARTIES									
SUNDAY 3rd	6	LANE SWIMMING				FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS											
	5																			
	4																			
	3																			
	2																			
	1																			
0		FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS FAMILY SWIM	SWIMSTARS LESSONS											

KEY

S = SMALL POOL
P = POOL

* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS CASUAL SWIM MEDICAL OR DISABILITY SWIM SCHOOLS CLUBS SWIMSTARS SWIMMING LESSONS PARTIES

KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 4th August - Sunday 17th August 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
MONDAY 4th/11th	6 5 4 3 2 1	SWIMSTARS LESSONS				MAPLES	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING	FREE DIVE	
	6 5 4 3 2 1	LANE SWIMMING				FAMILY SWIM			FAMILY SWIM			SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	
	6 5 4 3 2 1	SWIMSTARS LESSONS				FAMILY SWIM	SWIMSTARS	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS							
TUESDAY 5th/12th	6 5 4 3 2 1	SWIMSTARS LESSONS				60+ SWIMMING	FAMILY SWIM	LANE SWIMMING (55 mins)	HOLIDAY CAMP		SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)
	6 5 4 3 2 1	LANE SWIMMING				SWIMSTARS SWIMMING LESSONS			FAMILY SWIM			SWIMSTARS SWIMMING LESSONS					
	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS						SWIMSTARS	FAMILY SWIM	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS					
WEDNESDAY 6th/13th	6 5 4 3 2 1	SWIMSTARS LESSONS				LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING	
	6 5 4 3 2 1	LANE SWIMMING				LANE SWIMMING				FAMILY SWIM		SWIMSTARS SWIMMING LESSONS					
	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS							FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
THURSDAY 7th/14th	6 5 4 3 2 1	SWIMSTARS LESSONS				LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING	TRI CLUB	LANE SWIMMING (55 mins)	
	6 5 4 3 2 1	LANE SWIMMING				LANE SWIMMING											
	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS							FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
FRIDAY 8th/15th	6 5 4 3 2 1	SWIMSTARS LESSONS					FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	LANE SWIMMING				
	6 5 4 3 2 1	LANE SWIMMING								FAMILY SWIM			LANE SWIMMING				
	6 5 4 3 2 1	SWIMSTARS LESSONS					FAMILY SWIM		SWIMSTARS	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
SATURDAY 9th/16th	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS					ROOKIES	FAMILY SWIM	LANE SWIMMING (55 mins)	PARTIES	PARTIES	AUTISM/ DISABILITY SWIM PRE-BOOKING REQUIRED*					
	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS															
	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTIES	PARTIES	AUTISM SWIM / PARTIES					
SUNDAY 10th/17th	6 5 4 3 2 1					LANE SWIMMING	FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS							
	6 5 4 3 2 1																
	6 5 4 3 2 1																

KEY

S

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SMALL POOL

* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *

SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES

KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 18th August - Sunday 24th August 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		06.00		07.00		08.00		09.00		10.00		11.00		12.00		13.00		14.00		15.00		16.00		17.00		18.00		19.00		20.00		21.00		22.00	
MONDAY	6	LANE SWIMMING										MAPLES		AQUAFIT		LANE SWIMMING (55 mins)		HOLIDAY CAMP		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS						LANE SWIMMING		FREE DIVE					
	5											FAMILY SWIM						FAMILY SWIM												LANE SWIMMING (55 mins)					
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6-0						SWIMSTARS LESSONS						FAMILY SWIM		SWIMSTARS		FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS															
TUESDAY	6	LANE SWIMMING				SWIMSTARS SWIMMING LESSONS		60+ SWIMMING		FAMILY SWIM		LANE SWIMMING (55 mins)		HOLIDAY CAMP		STAFF TRAINING		SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)		SWIMSTARS SWIMMING LESSONS (ADULTS)		LANE SWIMMING (55 mins)									
	5													FAMILY SWIM																					
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6-0						SWIMSTARS SWIMMING LESSONS						SWIMSTARS FAMILY SWIM		FAMILY SWIM		FAMILY SWIM				SWIMSTARS SWIMMING LESSONS															
WEDNESDAY	6	LANE SWIMMING				LANE SWIMMING		FAMILY SWIM		AQUAFIT		LANE SWIMMING (55 mins)		HOLIDAY CAMP		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS								LANE SWIMMING									
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6-0						SWIMSTARS SWIMMING LESSONS						FAMILY SWIM		FAMILY SWIM				SWIMSTARS SWIMMING LESSONS																	
THURSDAY	6	LANE SWIMMING				LANE SWIMMING		60+ HALF AND HALF LANES		HOLIDAY CAMP		LANE SWIMMING (55 mins)		DIVING SESSION (Age 8+)		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				LANE SWIMMING				TRI CLUB		LANE SWIMMING (55 mins)							
	5					FAMILY SWIM				FAMILY SWIM																									
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6-0						SWIMSTARS SWIMMING LESSONS						FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS																			
FRIDAY	6	LANE SWIMMING						FAMILY SWIM		AQUAFIT		LANE SWIMMING (55 mins)		HOLIDAY CAMP		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS		LANE SWIMMING															
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6-0						SWIMSTARS LESSONS						FAMILY SWIM		SWIMSTARS FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS																	
SATURDAY	6	SWIMSTARS SWIMMING LESSONS						ROOKIES		FAMILY SWIM		LANE SWIMMING (55 mins)		PARTIES		PARTIES		AUTISM/ DISABILITY SWIM PRE- BOOKING REQUIRED*																	
	5																																		
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	2																																		
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6-0		SWIMSTARS SWIMMING LESSONS						FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		PARTIES		PARTIES		AUTISM SWIM / PARTIES																	
SUNDAY	6					LANE SWIMMING		FAMILY SWIM		FAMILY SWIM		DIVING SESSION (Age 8+)		SWIMSTARS SWIMMING LESSONS																					
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6-0						FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		SWIMSTARS FAMILY SWIM		SWIMSTARS LESSONS																	

KEY

S = SMALL POOL
P = POOL

* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES

KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 25th August- Sunday 31st August 2025

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
MONDAY 25th BH	6	LANE SWIMMING					MAPLES	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
	5																	
	4																	
	3																	
	2																	
	1																	
00					SWIMSTARS LESSONS		FAMILY SWIM	SWIMSTARS	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS							
TUESDAY 26th	6	LANE SWIMMING				SWIMSTARS SWIMMING LESSONS	60+ SWIMMING	FAMILY SWIM	LANE SWIMMING (55 mins)	HOLIDAY CAMP	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)		
	5																	FAMILY SWIM
	4																	
	3																	
	2																	
	1																	
00					SWIMSTARS SWIMMING LESSONS			SWIMSTARS FAMILY SWIM	FAMILY SWIM	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS						
WEDNESDAY 27th	6	LANE SWIMMING				LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING		
	5																	
	4																	
	3																	
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00					SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
THURSDAY 28th	6	LANE SWIMMING				LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING		TRI CLUB	LANE SWIMMING (55 mins)	
	5																	
	4																	
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00					SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
FRIDAY 28th	6	LANE SWIMMING					FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING				
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00					SWIMSTARS LESSONS		FAMILY SWIM	SWIMSTARS FAMILY SWIM		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS							
SATURDAY 30th	6					SWIMSTARS SWIMMING LESSONS		ROOKIES	FAMILY SWIM	LANE SWIMMING (55 mins)	PARTIES	PARTIES	AUTISM/ DISABILITY SWIM PRE-BOOKING REQUIRED*					
	5																	
	4																	
	3																	
	2																	
	1																	
00					SWIMSTARS SWIMMING LESSONS			FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTIES	PARTIES	AUTISM SWIM / PARTIES					
SUNDAY 31st	6					LANE SWIMMING	FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS								
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00				FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS FAMILY SWIM	SWIMSTARS LESSONS							

KEY

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SMALL POOL

*** PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.**

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES