

# LONGWELL GREEN TERM TIME SWIMMING POOL TIMETABLE 2025

Updated: September 2025

Sessions can be booked in person, or in advance online at [www.activecentres.org](http://www.activecentres.org) or by calling 0300 333 0300

		07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00								
MONDAY	6	LANE SWIMMING				SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	SCHOOLS*	AQUAFIT	SWIMSTARS SWIMMING LESSONS		AQUAFIT	LANE SWIMMING (55 mins)									
	5																								
	4																								
	3						SWIMMING	SWIMMING																	
	2																								
1																									
S					SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS													
TUESDAY	6	LANE SWIMMING				AQUAFIT	DISABILITY SWIM			LANE SWIMMING (55 mins)	SCHOOLS*		SWIMSTARS SWIMMING LESSONS		AQUAFIT	LANE SWIMMING (55 mins)									
	5																								
	4																								
	3							SWIMMING																	
	2																								
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S					SWIMSTARS SWIMMING LESSONS																				
WEDNESDAY	6	LANE SWIMMING				AQUAFIT	SWIMSTARS SWIMMING LESSONS			LANE SWIMMING (55 mins)	SCHOOLS*		SWIMSTARS SWIMMING LESSONS		AQUAFIT	LANE SWIMMING (55 mins)									
	5																								
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	3							SWIMMING																	
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1																									
S					SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS													
THURSDAY	6	LANE SWIMMING				AQUAFIT				LANE SWIMMING (55 mins)	SCHOOLS*		SWIMSTARS SWIMMING LESSONS		AQUAFIT	LANE SWIMMING (55 mins)									
	5																								
	4																								
	3						SWIMMING																		
	2																								
1																									
S					SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS													
FRIDAY	6	LANE SWIMMING				AQUAFIT	60+ ONLY LANE SWIMMING			LANE SWIMMING (55 mins)	SCHOOLS*		SWIMSTARS SWIMMING LESSONS			LANE SWIMMING (55 mins)									
	5																								
	4																								
	3							SWIMMING																	
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1																									
S					SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS													
SATURDAY	6		LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	DISABILITY FAMILY SWIM	PARTIES													
	5	ROOKIES																							
	4																								
	3																								
	2																								
1																									
S			SWIMSTARS SWIMMING LESSONS						FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	DISABILITY FS	PARTIES												
SUNDAY	6																								
	5																	LANE SWIMMING (55 mins)							SWIMSTARS SWIMMING LESSONS
	4																		SWIMMING	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	
	3																								
	2																								
1																									
S			FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS																

**KEY**

**S** = SMALL  
**P** POOL

**LANES:** Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

PARTIES

SWIMSTARS SWIMMING LESSONS

SCHOOLS \*Lane Swimming may be available. Please check website. **BOOKING IS COMPULSORY.**