

YATE TERM TIME SWIMMING POOL TIMETABLE 2025

Updated: September 2025

Sessions can be booked in person, or in advance online at [www.activecentres.org](http://www.activecentres.org) or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	
MONDAY	6		LANE SWIMMING				AQUAFIT	AQUAFIT	LANE SWIMMING	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS				SOUTHWOLD SWIMMING CLUB	LANE SWIMMING (55 mins)		
	5																		
	4																		
	3																		
	2	DEEP END WIDTH SWIMMING					DEEP END WIDTH SWIMMING	FAMILY SWIM (50 MINS)											
	1																		
	S		FAMILY SWIM SWIMSTARS		SWIMSTARS LESSONS				FAMILY SWIM SWIMSTARS	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				SOUTHWOLD			
	P																		
TUESDAY	6	LANE SWIMMING				LANE SWIMMING	AQUAFIT	LANE SWIMMING	SOCIAL SWIM	SCHOOLS	DISABILTY SWIM	SWIMSTARS SWIMMING LESSONS				SWIM TO FITNESS	LANE SWIMMING		
	5																		
	4																		
	3																		
	2					ADULT IMPROVER	DEEP END WIDTH SWIMMING												
	1																		
	S		FAMILY SWIM		SWIMSTARS LESSONS				FAMILY SWIM	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		
	P																		
WEDNESDAY	6	LANE SWIMMING				AQUAFIT	SCHOOLS	LANE SWIMMING		SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS				SOUTHWOLD SWIMMING CLUB	AQUAFIT	LANE SWIMMING (55 mins)	
	5																		
	4																		
	3																		
	2					DEEP END WIDTH SWIMMING													
	1																		
	S		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		SWIMSTARS SWIMMING LESSONS							
	P																		
THURSDAY	6	LANE SWIMMING				50+ SWIMMING	AQUAFIT	LANE SWIMMING		SCHOOLS	SOCIAL SWIM	SWIMSTARS SWIMMING LESSONS				SOUTHWOLD SWIMMING CLUB	LANE SWIMMING		
	5																		
	4																		
	3																		
	2					DEEP END WIDTH SWIMMING													
	1																		
	S		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM		SWIMSTARS SWIMMING LESSONS				SOUTHWOLD			
	P																		
FRIDAY	6	SWIMMING CLUB	LANE SWIMMING		AQUAFIT	AQUAFIT	ADULT BEGINNER		ADULT BEGINNER	SCHOOLS	LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING (55 mins)	SOUTHWOLD SWIMMING CLUB				
	5																		
	4																		
	3																		
	2				DEEP END WIDTH SWIMMING	DEEP END WIDTH SWIMMING													
	1																		
	S		SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		SWIMSTARS SWIMMING LESSONS									
	P																		
SATURDAY	6		LANE SWIMMING	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING (55 mins)		FAMILY SWIM (50mins)	FAMILY SWIM (50mins)	SPLASH TIME	PARTY HIRE	DIPPERS							
	5																		
	4																		
	3																		
	2																		
	1																		
	S		SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTY HIRE	PARTY HIRE	DIPPERS							
	P																		
SUNDAY	6	LANE SWIMMING				FAMILY SWIM (50mins)		FAMILY SWIM (50mins)	FAMILY SWIM (50mins)	SWIMSTARS SWIMMING LESSONS		SOUTHWOLD SWIMMING CLUB							
	5																		
	4																		
	3																		
	2																		
	1																		
	S		FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTY HIRE	PARTY HIRE	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									
	P																		

KEY	S = POOL P	LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.															
		FAMILY SWIM: Sessions run for 50 minutes, finishing at 20 past the hour, unless stated otherwise															
		SESSIONS	CASUAL SWIM	MEDICAL OR DISABILITY SWIM	SCHOOLS	CLUBS	SWIMSTARS SWIMMING LESSONS	PARTIES									

\*Please pre book where possible as all sessions are subject to change