

# KINGSWOOD POOL TIMETABLE: OCTOBER HALF-TERM HOLIDAY

From Monday 27th October - Sunday 2nd November 2025

Please note, all sessions need to be booked in advance online at [www.activecentres.org](http://www.activecentres.org) or by call 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00												
Monday 27th	6	SWIMSTARS LESSONS				Maples			HOLIDAY CAMP								FREE DIVE												
	5	LANE SWIMMING				FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)															
	4																												
	3																												
	2																												
1																													
S	SWIMSTARS SWIMMING				FAMILY SWIM			SWIMSTARS	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS																		
P									FAMILY SWIM																				
Tuesday 28th	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIMSTARS LESSONS		SWIMSTARS SWIMMING LESSONS	60+ SWIM	FAMILY SWIM	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)														
	5																												
	4																												
	3																												
	2																												
1	SWIMSTARS SWIMMING LESSONS				SWIMSTARS		HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS																				
S							FAMILY SWIM	FAMILY SWIM																					
P																													
Wednesday 29th	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIMSTARS LESSONS		LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	HOLIDAY CAMP	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	CANOE POLO (22:30)															
	5		LANE SWIMMING		FAMILY SWIM																								
	4																												
	3																												
	2																												
1								HOLIDAY CAMP			SWIMSTARS SWIMMING LESSONS			SWIMMING CLUB															
S								HOLIDAY CAMP						SWIMMING CLUB															
P	SWIMSTARS SWIMMING LESSONS							FAMILY SWIM			SWIMSTARS SWIMMING LESSONS																		
Thursday 30th	6	SWIMSTARS LESSONS			LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB	LANE SWIMMING (55 mins)	TRI CLUB	LANE SWIMMING (55 mins)													
	5	FAMILY SWIM																											
	4																												
	3																												
	2																												
1								HOLIDAY CAMP			SWIMSTARS SWIMMING LESSONS																		
S								HOLIDAY CAMP																					
P	SWIMSTARS SWIMMING LESSONS							FAMILY SWIM			SWIMSTARS SWIMMING LESSONS																		
Friday 31st	6	SOUNDWELL SWIMMING CLUB 5.20AM - 6.50AM	SWIMSTARS LESSONS			FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	HOLIDAY CAMP	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	SOUNDWELL SWIMMING CLUB																
	5		LANE SWIMMING																										
	4																												
	3																												
	2																												
1								SWIMSTARS	HOLIDAY CAMP		SWIMSTARS SWIMMING LESSONS																		
S								SWIMSTARS	HOLIDAY CAMP																				
P	SWIMSTARS LESSONS				FAMILY SWIM		SWIMSTARS		HOLIDAY CAMP	SWIMSTARS SWIMMING LESSONS																			
Saturday 1st	6	SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	LANE SWIMMING (55 mins)	PARTY	PARTY	AUTISM/ DISABILITY SWIM PRE-BOOKING REQUIRED*																		
	5																												
	4																												
	3																												
	2																												
1																													
S																													
P	SWIMSTARS SWIMMING LESSONS					FAMILY SWIM		FAMILY SWIM	FAMILY SWIM	PARTY	PARTY	AUTISM SWIM/ PARTIES																	
Sunday 2nd	6	LANE SWIMMING			FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS					SOUNDWELL SWIMMING CLUB	CANOE POLO (21:30)															
	5																												
	4																												
	3																												
	2																												
1																													
S																													
P	FAMILY SWIM			FAMILY SWIM				FAMILY SWIM					SWIMSTARS		SWIMSTARS LESSONS														

KEY

S = SMALL POOL  
P = POOL

\* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED \*. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

CASUAL SWIM

MEDICAL OR DISABILITY SWIM

SCHOOLS

CLUBS

SWIMSTARS SWIMMING LESSONS

PARTIES