

LONGWELL GREEN TERM TIME SWIMMING POOL TIMETABLE 2026

Updated: January 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	
MONDAY	6	LANE SWIMMING			SWIMSTARS SWIMMING LESSONS	LANE SWIMMING (55 mins)	SWIMMING		LANE SWIMMING (55 mins)	SCHOOLS	AQUAFIT	SWIMSTARS SWIMMING LESSONS		AQUAFIT	LANE SWIMMING (55 mins)			
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS							SWIMMING	SWIMSTARS SWIMMING LESSONS						
TUESDAY	6	LANE SWIMMING			AQUAFIT	DISABILITY SWIM	SWIMMING		LANE SWIMMING (55 mins)	SCHOOLS	SWIMMING		SWIMSTARS SWIMMING LESSONS		ADULT LESSONS	AQUAFIT	LANE SWIMMING (55 mins)	
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS														
WEDNESDAY	6	LANE SWIMMING			AQUAFIT	SWIMSTARS SWIMMING LESSONS	SWIMMING		LANE SWIMMING (55 mins)	SCHOOLS	SWIMMING		SWIMSTARS SWIMMING LESSONS		ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)	
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS							SWIMMING	SWIMSTARS SWIMMING LESSONS						
THURSDAY	6	LANE SWIMMING			AQUAFIT	LANE SWIMMING (55 mins)	SWIMMING		LANE SWIMMING (55 mins)	SCHOOLS	SWIMMING		SWIMSTARS SWIMMING LESSONS		ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)	
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS							SWIMMING	SWIMSTARS SWIMMING LESSONS						
FRIDAY	6	LANE SWIMMING			AQUAFIT	60+ ONLY LANE SWIMMING	SWIMMING		LANE SWIMMING (55 mins)	SCHOOLS	SWIMMING		SWIMSTARS SWIMMING LESSONS		SWIMMING		LANE SWIMMING (55 mins)	
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS							SWIMMING	SWIMSTARS SWIMMING LESSONS						
SATURDAY	6				LANE SWIMMING (55 mins)	SWIMSTARS SWIMMING LESSONS			LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	DISABILITY FAMILY SWIM	PARTIES					
	5																	
	4																	
3																		
2																		
1																		
6				SWIMSTARS SWIMMING LESSONS					FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	DISABILITY FS	PARTIES					
SUNDAY	6				LANE SWIMMING (55 mins)	SWIMMING		FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	SWIMSTARS SWIMMING LESSONS					
	5																	
	4																	
3																		
2																		
1																		
6				FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS								

KEY

S = SMALL
P = POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS FAMILY SWIM DISABILITY SWIM PARTIES
SCHOOLS SWIMSTARS SWIMMING LESSONS ADULT SWIM LESSONS