

## THORNBURY SWIMMING POOL TIMETABLE: MONDAY 13th APRIL - SUNDAY 19th APRIL 2026

Sessions can be booked in person, or in advance online at [www.activecentres.org](http://www.activecentres.org) or by calling 0300 333 0300

|                  |  | 06.00 | 07.00                      | 08.00     | 09.00     | 10.00                | 11.00                  | 12.00                   | 13.00                   | 14.00                   | 15.00                   | 16.00                              | 17.00 | 18.00                                | 19.00                                | 20.00                   | 21.00                   | 22.00 |
|------------------|--|-------|----------------------------|-----------|-----------|----------------------|------------------------|-------------------------|-------------------------|-------------------------|-------------------------|------------------------------------|-------|--------------------------------------|--------------------------------------|-------------------------|-------------------------|-------|
| <b>MONDAY</b>    |  | 6     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | NPLQ COURSE             | SHINE                   | NPLQ COURSE             | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | LANE SWIMMING (55 mins) |       |
|                  |  | 5     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | SCUBA                   | LANE SWIMMING (55 mins) | FAMILY SWIM (50 mins)   | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | SWIM TO FITNESS         |       |
|                  |  | 4     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | SCUBA                   | LANE SWIMMING (55 mins) | FAMILY SWIM (50 mins)   | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | SWIM TO FITNESS         |       |
|                  |  | 3     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | SCUBA                   | LANE SWIMMING (55 mins) | FAMILY SWIM (50 mins)   | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | SWIM TO FITNESS         |       |
|                  |  | 2     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | SCUBA                   | LANE SWIMMING (55 mins) | FAMILY SWIM (50 mins)   | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | SWIM TO FITNESS         |       |
|                  |  | 1     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | AQUAFIT                 | SCUBA                   | LANE SWIMMING (55 mins) | FAMILY SWIM (50 mins)   | SWIMSTARS SWIMMING LESSONS         |       |                                      | SWIMMING CLUB (SEVERN SIDES TRITONS) |                         | SWIM TO FITNESS         |       |
|                  |  | S     | SWIMSTARS LESSONS          |           |           | MEDICAL ADVICE SWIM  |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS LESSONS          |           |           | MEDICAL ADVICE SWIM  |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
| <b>TUESDAY</b>   |  | 6     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | NPLQ COURSE             | NPLQ COURSE             | SHINE                   | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | 5     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | FAMILY SWIM (50mins)    | NPLQ COURSE             | SHINE                   | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | 4     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | FAMILY SWIM (50mins)    | SCUBA                   | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | 3     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | FAMILY SWIM (50mins)    | SCUBA                   | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | 2     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | FAMILY SWIM (50mins)    | SCUBA                   | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | 1     | LANE SWIMMING              |           |           | SWIMSTARS            |                        | FAMILY SWIM (50mins)    | SCUBA                   | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) |                         |       |
|                  |  | S     | SWIMSTARS LESSONS          |           |           | FAMILY SWIM          |                        | FAMILY SWIM             |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS LESSONS          |           |           | FAMILY SWIM          |                        | FAMILY SWIM             |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
| <b>WEDNESDAY</b> |  | 6     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | 5     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | 4     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | 3     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | 2     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | 1     | LA                         | SWIMSTARS |           | NPLQ COURSE          |                        | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | FIN CLUB                |                         |       |
|                  |  | S     | SWIMSTARS LESSONS          |           |           |                      |                        |                         |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS LESSONS          |           |           |                      |                        |                         |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
| <b>THURSDAY</b>  |  | 6     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | 5     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | 4     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | 3     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | 2     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | 1     | LANE SWIMMING              |           | SWIMSTARS |                      | ADULT SWIMMING LESSONS |                         | NPLQ COURSE             | SHINE                   | FAMILY SWIM (50mins)    | SWIMSTARS SWIMMING LESSONS         |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      | LANE SWIMMING (55 mins) | SCUBA CLUB              |       |
|                  |  | S     | SWIMSTARS LESSONS          |           |           |                      |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS LESSONS          |           |           |                      |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS SWIMMING LESSONS         |       |                                      |                                      |                         |                         |       |
| <b>FRIDAY</b>    |  | 6     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | 5     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | 4     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | 3     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | 2     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | 1     | LANE SWIMMING              |           | SWIMSTARS |                      | 60+ Swim               |                         | AQUAFIT                 | LANE SWIMMING (55 mins) | SHINE                   | SWIMSTARS                          |       | SWIMMING CLUB (SEVERN SIDES TRITONS) |                                      |                         |                         |       |
|                  |  | S     | SWIMSTARS LESSONS          |           |           |                      |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS LESSONS                  |       | FAMILY SWIM (50 mins)                |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS LESSONS          |           |           |                      |                        | SWIMSTARS LESSONS       |                         | FAMILY SWIM             |                         | SWIMSTARS LESSONS                  |       | FAMILY SWIM (50 mins)                |                                      |                         |                         |       |
| <b>SATURDAY</b>  |  | 6     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | 5     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | 4     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | 3     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | 2     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | 1     | SWIMSTARS SWIMMING LESSONS |           |           | ROOKIES              |                        | LANE SWIMMING (55 mins) | FAMILY SWIM (50mins)    | FAMILY SWIM (50mins)    | PARTY HIRE              | LANE SWIMMING (55 mins)            |       |                                      |                                      |                         |                         |       |
|                  |  | S     | SWIMSTARS SWIMMING LESSONS |           |           |                      |                        | FAMILY SWIM             |                         | FAMILY SWIM             |                         | PARTY HIRE                         |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS SWIMMING LESSONS |           |           |                      |                        | FAMILY SWIM             |                         | FAMILY SWIM             |                         | PARTY HIRE                         |       |                                      |                                      |                         |                         |       |
| <b>SUNDAY</b>    |  | 6     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | 5     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | 4     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | 3     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | 2     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | 1     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM (50mins) |                        | FAMILY SWIM (50mins)    | PARTY HIRE              | FAMILY SWIM (50mins)    | LANE SWIMMING (55 mins) | SWIMMING CLUB (Severnside Tritons) |       |                                      |                                      |                         |                         |       |
|                  |  | S     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM          |                        | FAMILY SWIM             |                         | PARTY HIRE              |                         | FAMILY SWIM                        |       |                                      |                                      |                         |                         |       |
|                  |  | P     | SWIMSTARS SWIMMING LESSONS |           |           | FAMILY SWIM          |                        | FAMILY SWIM             |                         | PARTY HIRE              |                         | FAMILY SWIM                        |       |                                      |                                      |                         |                         |       |

**KEY**

**S** = SMALL POOL

**LANES:** Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

**SESSIONS**   **CASUAL SWIM**   **MEDICAL OR DISABILITY SWIM**   **SCHOOLS**   **CLUBS**   **SWIMSTARS SWIMMING LESSONS**   **PARTIES**