



KINGSWOOD SUMMER HOLIDAY SWIMMING POOL TIMETABLE

Monday 20th July - Sunday 26th July 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	
MONDAY 20th	6 5 4 3 2 1	LANE SWIMMING				MAPLES	AQUAFIT	LANE SWIMMING (55 mins)	SCHOOLS	LANES (55min) PRE-BOOKING REQUIRED*	SWIMSTARS SWIMMING LESSONS			BSG SWIMMING CLUB	LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)	FREE DIVE	
	S P					SWIMSTARS LESSONS		FAMILY SWIM	SWIMSTARS	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS						
TUESDAY 21st	6 5 4 3 2 1	BSG SWIMMING CLUB 05:20-06:50	LANE SWIMMING		SWIMSTARS SWIMMING LESSONS (ADULTS)	60+ SWIMMING	LANE SWIMMING	SCHOOLS	STAFF TRAINING	SWIMSTARS SWIMMING LESSONS			BSG SWIMMING CLUB	SWIMSTARS SWIMMING LESSONS (ADULTS)	LANE SWIMMING (55 mins)			
	S P	SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS								
WEDNESDAY 22nd	6 5 4 3 2 1	BSG SWIMMING CLUB 05:20-06:50	LANE SWIMMING		LANE SWIMMING	FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			BSG SWIMMING CLUB				
	S P	SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS			BSG CLUB					
THURSDAY 23rd	6 5 4 3 2 1	LANE SWIMMING			LANE SWIMMING	60+ HALF AND HALF LANES	HOLIDAY CAMP	LANE SWIMMING (55 mins)	DIVING SESSION (Age 8+)	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	BSG SWIMMING CLUB	LANE SWIMMING (55 mins)	TRI CLUB	LANE SWIMMING (55 mins)	SWIMSTARS		
	S P	SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									
FRIDAY 24th	6 5 4 3 2 1	BSG SWIMMING CLUB 05:20-06:50	LANE SWIMMING			FAMILY SWIM	AQUAFIT	LANE SWIMMING (55 mins)	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS	BSG SWIMMING CLUB						
	S P	SWIMSTARS LESSONS		FAMILY SWIM		SWIMSTARS FAMILY SWIM	SWIMSTARS FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									
SATURDAY 25th	6 5 4 3 2 1	SWIMSTARS SWIMMING LESSONS				SWIMSTARS SWIMMING LESSONS		ROOKIES	FAMILY SWIM	LANE SWIMMING (55 mins)	PARTIES	PARTIES	AUTISM/DISABILITY SWIM PRE-BOOKING REQUIRED*					
	S P	SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	PARTIES	PARTIES	AUTISM SWIM/PARTIES					
SUNDAY 26th	6 5 4 3 2 1	LANE SWIMMING			FAMILY SWIM	FAMILY SWIM	DIVING SESSION (Age 8+)	SWIMSTARS SWIMMING LESSONS				BSG SWIMMING CLUB						
	S P	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS FAMILY SWIM	SWIMSTARS LESSONS	BSG CLUB							

KEY

S = SMALL POOL
P = POOL

* PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *. SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.
LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS CASUAL SWIM MEDICAL OR DISABILITY SWIM SCHOOLS CLUBS SWIMSTARS SWIMMING LESSONS PARTIES