

LONGWELL GREEN TERM TIME SWIMMING POOL TIMETABLE 2026

Updated: April 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00			
MONDAY	6		LANE SWIMMING				SWIMSTARS SWIMMING LESSONS	LANE SWIMMING (55 mins)	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	AQUAFIT	ROOKIES		ROOKIES		AQUAFIT	LANE SWIMMING (55 mins)			
	5																				
	4																				
	3																				
	2																				
	1																				
S					SWIMSTARS SWIMMING LESSONS								SWIMMING		SWIMSTARS SWIMMING LESSONS						
P																					
TUESDAY	6		LANE SWIMMING				AQUAFIT	DISABILITY SWIM	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	ROOKIES		SWIMSTARS SWIMMING LESSONS	ADULT LESSONS	AQUAFIT	LANE SWIMMING (55 mins)			
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WEDNESDAY	6		LANE SWIMMING				AQUAFIT	SWIMSTARS SWIMMING LESSONS	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS				ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)		
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P																					
THURSDAY	6		LANE SWIMMING				AQUAFIT	LANE SWIMMING (55 mins)	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS				ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)		
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S					SWIMSTARS SWIMMING LESSONS								SWIMMING		SWIMSTARS SWIMMING LESSONS						
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FRIDAY	6		LANE SWIMMING				AQUAFIT	60+ ONLY LANE SWIMMING	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS				LANE SWIM	LANE SWIMMING (55 mins)			
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S					SWIMSTARS SWIMMING LESSONS								SWIMMING		SWIMSTARS SWIMMING LESSONS						
P																					
SATURDAY	6			LANE SWIMMING (55 mins)	ROOKIES				SWIMSTARS SWIMMING LESSONS				LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	DISABILITY FAMILY SWIM	PARTIES				
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	4																				
	3																				
	2																				
	1																				
S					SWIMSTARS SWIMMING LESSONS				FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		DISABILITY FS		PARTIES				
P																					
SUNDAY	6			LANE SWIMMING (55 mins)	LANE SWIM	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	SWIMSTARS SWIMMING LESSONS									
	5																				
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	3																				
	2																				
	1																				
S					FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		FAMILY SWIM		SWIMSTARS SWIMMING LESSONS						
P																					

KEY

S = SMALL
P = POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

FAMILY SWIM

DISABILITY SWIM

PARTIES

SCHOOLS

SWIMSTARS SWIMMING LESSONS

ADULT SWIM LESSONS