BRADLEY STOKE TERM TIME SWIMMING POOL TIMETABLE 2026

Updated: September 2026

Sessions must be booked in advance and can be made in person - online at www.activecentres.org or by calling 0300 333 0300

Day	Time	Activity
MONDAY	06.00–09.00	LANE SWIMMING
	09.00–10.00	CLOSED
	10.00–11.00	AQUAFIT (45 mins)
	11.00–12.00	CLOSED
	11.00–12.00	SWIMSTARS LESSONS
	11.00–12.00	LANE SWIM
	11.00–12.00	SWIMSTARS LESSONS
	12.00–13.00	LANE SWIMMING (55 mins)
	13.00–14.00	SCHOOLS
	14.00–15.00	*PRE-BOOKING ESSENTIAL* SCHOOLS OR LANES(55MINS)
	15.00–19.00	SWIMSTARS SWIMMING LESSONS
	19.00–20.00	LANE SWIM (45 mins)
	20.00–21.00	CLOSED
	21.00–22.00	AQUAFIT (45 mins)
	22.00	CLOSED
	22.00	LANE SWIMMING (55 mins)
SP	09.00–10.00	CASUAL (50m)
SP	10.00–22.00	SWIMSTARS SWIMMING LESSONS
TUESDAY	06.00–09.00	LANE SWIM
	09.00–10.00	CLOSED
	10.00–11.00	AQUAFIT (45 mins)
	11.00–12.00	CLOSED
	11.00–12.00	*PRE-BOOKING ESSENTIAL* SCHOOLS OR LANES(55MINS)
	12.00–14.00	LANE SWIMMING
	14.00–15.00	SCHOOLS
	15.00–16.00	STAFF TRAINING/ POOL CLEANING
	16.00–19.00	SWIMSTARS SWIMMING LESSONS
	19.00–20.00	LANE SWIM (55 mins)
	20.00–21.00	SWIMMING CLUB (North Bristol)
	21.00–22.00	LANE SWIM (55 mins)
SP	09.00–10.00	CASUAL (50m)
SP	10.00–15.00	SWIMSTARS SWIMMING LESSONS
SP	16.00–20.00	SWIMSTARS SWIMMING LESSONS
WEDNESDAY	06.00–10.00	LANE SWIM
	10.00–11.00	CLOSED
	11.00–12.00	AQUAFIT (45 mins)
	12.00–13.00	CLOSED
	12.00–13.00	60+ SWIM (55 mins)
	13.00–14.00	LANE SWIM (55 mins)
	14.00–15.00	SCHOOLS
	15.00–15.00	*PRE-BOOKING ESSENTIAL* SCHOOLS OR LANES(55MINS)
	16.00–20.00	SWIMSTARS SWIMMING LESSONS
	20.00–21.00	SWIM TO FITNESS (55 mins)
	21.00–22.00	LANE SWIM (55 mins)
SP	09.00–10.00	CASUAL (50m)
SP	10.00–14.00	SWIMSTARS SWIMMING LESSONS
SP	16.00–20.00	SWIMSTARS SWIMMING LESSONS
THURSDAY	06.00–11.00	LANE SWIM
	11.00–12.00	MEDICAL ADVICE SWIM (55 mins)
	12.00–14.00	LANE SWIM
	14.00–15.00	SCHOOLS
	15.00–16.00	*PRE-BOOKING ESSENTIAL* SCHOOLS OR LANES(55MINS)
	16.00–17.00	LANE SWIM (55 mins)
	17.00–19.00	SWIMSTARS SWIMMING LESSONS
	19.00–20.00	LANE SWIM (55 mins)
	20.00–21.00	SHARKS
	20.00–21.00	SWIMSTARS LESSONS
	21.00–22.00	LANE SWIM (55 mins)
SP	09.00–10.00	CASUAL (50m)
SP	10.00–11.00	CASUAL (50m)
SP	11.00–15.00	SWIMSTARS SWIMMING LESSONS
SP	16.00–20.00	SWIMSTARS SWIMMING LESSONS
FRIDAY	06.00–09.00	LANE SWIM
	09.00–10.00	CLOSED
	10.00–11.00	AQUAFIT (45 mins)
	11.00–12.00	CLOSED
	12.00–14.00	LANE SWIM
	14.00–15.00	SCHOOLS
	15.00–16.00	*PRE-BOOKING ESSENTIAL* SCHOOLS OR LANES(55MINS)
	16.00–22.00	SWIMSTARS SWIMMING LESSONS
SP	09.00–10.00	CASUAL (50m)
SP	10.00–11.00	CASUAL (50m)
SP	11.00–15.00	SWIMSTARS SWIMMING LESSONS
SP	16.00–20.00	SWIMSTARS SWIMMING LESSONS
SATURDAY	09.00–10.00	LANE SWIM (55 mins)
	10.00–14.00	SWIMSTARS
	14.00–15.00	LANE SWIM (55 mins)
	15.00–16.00	CASUAL (50 mins)
	16.00–17.00	CLOSED
	17.00–18.00	CASUAL (50 mins)
	18.00–19.00	CLOSED
	19.00–20.00	CASUAL (50 mins)
	20.00–21.00	CLOSED
	21.00–22.00	SWIM TO FITNESS (55 mins)
	22.00	SWIMSTARS LESSONS
SP	06.00–09.00	SWIMSTARS SWIMMING LESSONS
SP	14.00–15.00	CASUAL (50m)
SP	15.00–16.00	CASUAL (50m)
SP	16.00–17.00	CASUAL (50m)
SP	17.00–22.00	SWIMSTARS SWIMMING LESSONS
SUNDAY	09.00–10.00	LANE SWIM
	10.00–11.00	CASUAL (50 mins)
	11.00–12.00	CLOSED
	12.00–13.00	CASUAL (50 mins)
	13.00–14.00	CLOSED
	14.00–15.00	CASUAL (50 mins)
	15.00–16.00	CLOSED
	16.00–17.00	CASUAL (50 mins)
	17.00–18.00	CLOSED
	18.00–19.00	CASUAL (50 mins)
	19.00–20.00	CLOSED
	20.00–21.00	LANE SWIM (55 mins)
	21.00–22.00	SWIMSTARS SWIMMING LESSONS
	22.00	ROOKIES (55 mins)
SP	09.00–10.00	CASUAL (50m)
SP	10.00–11.00	CASUAL (50m)
SP	11.00–15.00	SWIMSTARS LESSONS
SP	15.00–16.00	CASUAL (50m)
SP	16.00–17.00	CASUAL (50m)
SP	17.00–22.00	SWIMSTARS SWIMMING LESSONS

KEY

S P = SMALL POOL

*** PRE-BOOKING IS ESSENTIAL FOR SESSIONS MARKED *.** SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

SESSIONS: Sessions run for the duration that is stated on the pool time table. The pool will be cleared between sessions to allow for changes in layout to be completed.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

CASUAL SWIM: Sessions run for 50 minutes. Every session starts at half-past the hour, and ends at twenty-past the next hour, leaving a 10 minute gap between sessions.

SESSIONS | CASUAL SWIM | MEDICAL SWIM | SCHOOLS | CLUBS | SWIMSTARS SWIMMING LESSONS