

LONGWELL GREEN TERM TIME SWIMMING POOL TIMETABLE 2026

Updated: Sept 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	
MONDAY	6		LANE SWIMMING				SWIMSTARS SWIMMING LESSONS	LANE SWIMMING (55 mins)	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	AQUAFIT	SWIMSTARS SWIMMING LESSONS			AQUAFIT	LANE SWIMMING (55 mins)		
	5																		
	4																		
	3																		
	2																		
	1																		
	S P					SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS						
TUESDAY	6		LANE SWIMMING			AQUAFIT	DISABILITY SWIM	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS			ADULT LESSONS	AQUAFIT	LANE SWIMMING (55 mins)		
	5											ROOKIES							
	4																		
	3																		
	2																		
	1																		
	S P				SWIMSTARS SWIMMING LESSONS														
WEDNESDAY	6		LANE SWIMMING			AQUAFIT	SWIMSTARS SWIMMING LESSONS	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS			ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)		
	5																		
	4																		
	3																		
	2																		
	1																		
	S P				SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS							
THURSDAY	6		LANE SWIMMING			AQUAFIT	LANE SWIMMING (55 mins)	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS				AQUAFIT	LANE SWIMMING (55 mins)		
	5																		
	4																		
	3																		
	2																		
	1																		
	S P				SWIMSTARS SWIMMING LESSONS						SWIMMING	SWIMSTARS SWIMMING LESSONS							
FRIDAY	6		LANE SWIMMING			AQUAFIT	60+ ONLY LANE SWIMMING	LANE SWIM	LANE SWIMMING (55 mins)	SCHOOLS	LANE SWIM	SWIMSTARS SWIMMING LESSONS				LANE SWIM	LANE SWIMMING (55 mins)		
	5																		
	4																		
	3																		
	2																		
	1																		
	S P				SWIMSTARS SWIMMING LESSONS					SWIMMING		SWIMSTARS SWIMMING LESSONS							
SATURDAY	6					ROOKIES	SWIMSTARS SWIMMING LESSONS			LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	DISABILITY FAMILY SWIM	PARTIES					
	5																		
	4																		
	3																		
	2																		
	1																		
	S P				SWIMSTARS SWIMMING LESSONS				FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	DISABILITY FS	PARTIES						
SUNDAY	6																		
	5																		
	4																		
	3																		
	2																		
	1																		
	S P		FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM (40 Mins)	SWIMSTARS SWIMMING LESSONS										

KEY

S P = SMALL POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

FAMILY SWIM

DISABILITY SWIM

PARTIES

SCHOOLS

SWIMSTARS SWIMMING LESSONS

ADULT SWIM LESSONS