

LONGWELL GREEN POOL TIMETABLE: OCTOBER HALF-TERM HOLIDAY

Monday 26th - Sunday 1st November 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300

		07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00		
MONDAY 26th	6	LANE SWIMMING			SWIMSTARS SWIMMING LESSONS	FAMILY SWIM (50 Mins)	LANE SWIM	LANE SWIMMING (55 mins)	BEACH PARTY (45 MINUTES)	AQUAFIT	Synchro	SWIMSTARS SWIMMING LESSONS		ROOKIES	ROOKIES	AQUAFIT	LANE SWIMMING (55 mins)		
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		INTENSIVE			SWIMSTARS								SWIMMING	SWIMSTARS					
TUESDAY 27th	6	LANE SWIMMING			AQUAFIT	DISABILITY SWIM	LANE SWIM	LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	Synchro	SWIMSTARS SWIMMING LESSONS		ROOKIES		ADULT LESSONS	AQUAFIT	LANE SWIMMING (55 mins)	
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		INTENSIVE			SWIMSTARS														
WEDNESDAY 28th	6	LANE SWIMMING			AQUAFIT	SWIMSTARS SWIMMING LESSONS	LANE SWIM	LANE SWIMMING (55 mins)	BEACH PARTY (45 MINUTES)	FAMILY SWIM (50 Mins)	Synchro	SWIMSTARS SWIMMING LESSONS		ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)			
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		INTENSIVE			SWIMSTARS							SWIMMING	SWIMSTARS						
THURSDAY 29th	6	LANE SWIMMING			AQUAFIT	FAMILY SWIM (50 Mins)	LANE SWIM	LANE SWIMMING (55 mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	Synchro	SWIMSTARS SWIMMING LESSONS		ADULT LESSON	AQUAFIT	LANE SWIMMING (55 mins)			
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		INTENSIVE			SWIMSTARS							SWIMMING	SWIMSTARS						
FRIDAY 30th	6	LANE SWIMMING			AQUAFIT	60+ ONLY LANE SWIMMING	LANE SWIM	LANE SWIMMING (55 mins)	BEACH PARTY (45 MINUTES)	FAMILY SWIM (50 Mins)	Synchro	SWIMSTARS SWIMMING LESSONS		LANE SWIMMING (55 mins)	LANE SWIMMING (55 mins)				
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		INTENSIVE			SWIMSTARS							SWIMMING	SWIMSTARS						
SATURDAY 31st	6	LANE SWIMMING (55 mins)			ROOKIES		SWIMSTARS SWIMMING LESSONS			LANE SWIM	BEACH PARTY (45 MINUTES)	FAMILY SWIM (50 Mins)	DISABILITY FAMILY SWIM	PARTIES					
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p		SWIMSTARS							FAMILY SWIM	BEACH PARTY (45 MINUTES)	FAMILY SWIM	DISABILITY FS	PARTIES						
SUNDAY 1st	6	LANE SWIMMING (55 mins)			LANE SWIM	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	FAMILY SWIM (50 Mins)	LANE SWIM	SWIMSTARS							
	5																		
	4																		
3																			
2																			
1							SWIMMING												
6p			FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	SWIMSTARS SWIMMING LESSONS									

KEY

PS = SMALL POOL

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

SESSIONS

FAMILY SWIM

DISABILITY SWIM

PARTIES

SCHOOLS

SWIMSTARS SWIMMING LESSONS

ADULT SWIM LESSONS