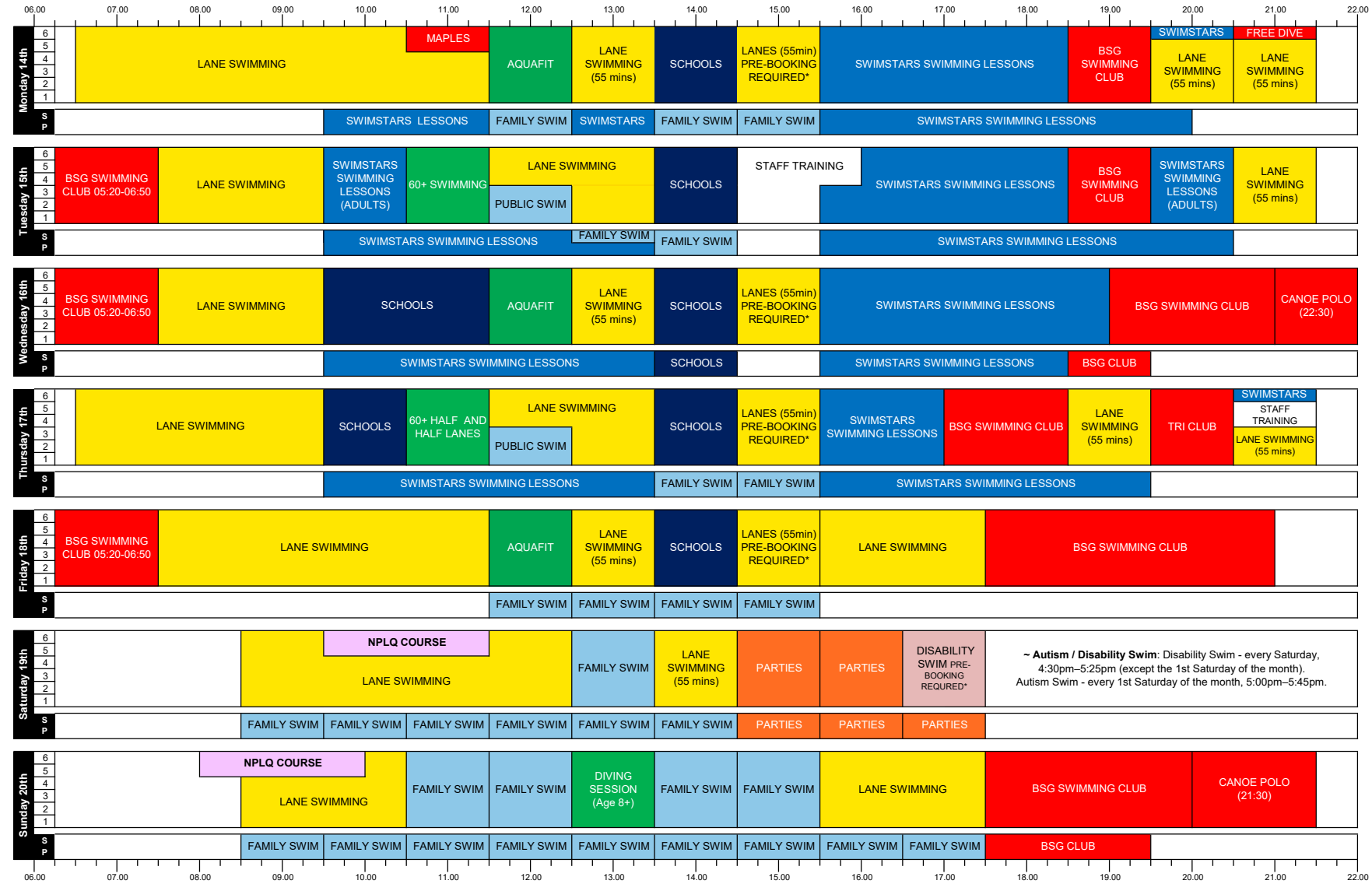
KINGSWOOD CHRISTMAS HOLIDAY SWIMMING POOL TIMETABLE

Monday 14th - Sunday 20th December 2026

Sessions can be booked in person, or in advance online at www.activecentres.org or by calling 0300 333 0300



KEY

S P SMALL POOL

*** PRE-BOOKING IS REQUIRED FOR SESSIONS MARKED *.** SCHOOLS SOMETIMES USE THIS POOL SPACE, ON OTHER OCCASSIONS IT WILL BE OPENED FOR PUBLIC LANE SWIMMING.

LANES: Sessions run for 55 minutes (as stated above) or longer. Longer lane sessions also offer flexible arrival times, with last check-in 50-minutes before the session ends.

FAMILY SWIM: Sessions run for 55 minutes. Each session starts at 30 minutes past the hour and finishes at 25 minutes past the following hour, allowing for a 5-minute changeover period between sessions.

Autism / Disability Swim: Disability Swim - every Saturday, 4:30pm–5:25pm (except the 1st Saturday of the month), & Autism Swim - every 1st Saturday of the month, 5:00pm–5:45pm.

NPLQ COURSE | SESSIONS | CASUAL SWIM | MEDICAL OR DISABILITY SWIM | SCHOOLS | CLUBS | SWIMSTARS SWIMMING LESSONS | PARTIES